

Helpful Resources

Fact Sheets

- [Fact Sheets - Pregnancy and Breastfeeding Exposures | MotherToBaby](#)
- [Fact Sheet: Breastfeeding Following a Natural Disaster](#)

Podcasts:

- [Podcast: Episode 6: Vaccine Questions during Breastfeeding Answered](#)
- [Podcast: Episode 23: Allergies and Breastfeeding](#)
- [Podcast: Ep. 38: Acetaminophen Use in Breastfeeding](#)
- [Podcast: Ep. 52: LactRx App: Medications in Breastfeeding](#)

Baby Blog:

- [Baby Blog: Empowering Education and Support for Breastfeeding Women Living in Rural Communities](#)
- [Baby Blog: Boosting Milk for Baby: The Supply & Demands of Breastfeeding](#)
- [Baby Blog: Birth Control and Breastfeeding](#)
- [Baby Blog: Breastfeeding: Treating Cough and Cold Symptoms](#)